



**Service Delivery
Committee**

**Tuesday, 04 June
2019**

**Matter for
Information and
Decision**

Report Title: **Health, Wellbeing & Leisure Services Update (Q4 2018/19)**

Report Author(s): **Avril Lennox MBE (Head of Community & Wellbeing Services)**

Purpose of Report:	To provide Members with an update on: <ul style="list-style-type: none"> - The Sport & Physical Activity Commissioning Plan; - The Borough's leisure contract and the Brocks Hill Centre; - Community Engagement; - Community Safety & Youth Work; and - Resilience planning.
Report Summary:	This report provides details of the range of projects that have taken place during Quarter 4 (January 2019 to March 2019).
Recommendation(s):	A. That Members provide their comments on two matters, namely: (i) yarn-bombing and; (ii) plastic bag usage; and B. That the content of the report be noted.
Senior Leadership, Head of Service, Manager, Officer and Other Contact(s):	Anne Court (Chief Executive / Head of Paid Service) (0116) 257 2602 anne.court1@oadby-wigston.gov.uk Avril Lennox MBE (Head of Community & Wellbeing Services) (0116) 257 2673 avril.lennox@oadby-wigston.gov.uk
Corporate Objectives:	Building, Protecting and Empowering Communities (CO1)
Vision and Values:	"A Stronger Borough Together" (Vision) Accountability (V1) Respect (V2) Teamwork (V3) Innovation (V4) Customer Focus (V5)
Report Implications:-	
Legal:	There are no implications arising from this report.
Financial:	There are no implications arising from this report.
Corporate Risk Management:	No corporate risk(s) identified
Equalities and Equalities Assessment (EA):	There are no implications arising from this report. EA not applicable
Human Rights:	There are no implications arising from this report.
Health and Safety:	There are no implications arising from this report.

Statutory Officers' Comments:-	
Head of Paid Service:	The report is satisfactory.
Chief Finance Officer:	The report is satisfactory.
Monitoring Officer:	The report is satisfactory.
Consultees:	None.
Background Papers:	None.
Appendices:	None.

1. Sport and Physical Activity Commissioning Plan

1.1 The final quarter of 2018/19 was used to complete the remaining Sport and Physical Activity Commissioned programmes and to collate the monitoring data in order to report back to the funders. This data relates to programmes that were delivered as part of the £73,280 grant Oadby and Wigston were awarded from Leicestershire County Council Public Health department. This year the Health & Leisure team has continued to sub-commission programmes e.g. falls prevention, the physical activity referral scheme and schools programmes, whilst also focusing on consulting with local residents to identify how best to encourage them to become more active. The team used a variety of consultation methods such as surveys, focus groups and events in order to hear local people's opinions; the insight gained will influence funding bids and shape future programmes.

1.2 Learning South Leicestershire Schools Sport Partnership

Some of the Health & Leisure team's external funding allocation was sub-commissioned to the Oadby and Wigston School Sport Partnership in order to deliver programmes to 5 – 19 year olds. Below is an outline of their quarter 4 progress.

1.3 School Games

A number of competitions have already been held including Basketball, Hockey, Netball, Dodgeball and a Change4Life Festival. The winners and runners up of the 'family of schools' events progress to the Level 2 finals; the winners of Level 2 finals will qualify to represent their area in the County School Games in the summer, which the Oadby and Wigston Mayor will attend.

1.4 Big Moves Fundamental Movement Project

The Big Moves programme has been created to help children in mainstream school improve their physical development; it also has wider impacts on school life including developing listening and concentration skills and appropriate behaviour. The project was successfully delivered in 16 primary schools. One key element of this initiative was the upskilling of teachers, to ensure the programme is sustained.

1.5 Energise

The Energise Clubs are for children ages 5-11 years to encourage higher levels of participation in physical activity and to support the development of healthy lifestyles. The activities, which were delivered in local primary schools, take the children on a fun

interactive journey to improve physical and mental well-being and a healthy diet. It is positive to note there was a high parental engagement during the sessions.

1.6 Girls Active Lifestyles (GALS)

The GALS project targeted girls ages 9-16 years to improve confidence, self-esteem and levels of participation in physical activity. Each secondary school delivered 12 weeks of fitness activities such as Zumba, yoga and cheerleading. This year the project has been re-developed to include sessions on nutrition and mental health. A total of 20 schools in Oadby and Wigston took part and the results show the participants are more active at school and in the community, following the completion of the project.

1.7 Live Active Do-Something (LADs)

The LADs project targeted boys ages 10-11 years to improve confidence, self-esteem and levels of participation in physical activity. Each primary school delivered 6 weeks of non-traditional physical activities for boys who are less active, such as dodgeball, street dance, fencing and archery.

1.8 Sports Ambassadors

The Sporting Ambassadors programme trains young people in primary schools as Ambassadors to inspire their peers to get involved in physical activity. A series of conferences were held, led by older sports leaders from local secondary schools, whilst the younger primary school Ambassadors were trained in various roles to form a School Games Organising Crew, and to create an action plan for their individual schools. Pupils involved obtain the SLUK Play Maker Award qualification for primary sports leaders.

1.9 Inclusive Lesson

A range of physical activity opportunities were organised for young people with special education needs and disabilities. A total of 16 mainstream schools took part in the Inclusive Sports sessions to encourage pupils to get more active, resulting in many of the participants taking part in school games competitions.

1.10 Future funding approved for 2019/2020

In March 2019 the Health & Leisure team was successful in drawing down £73,144 for 2019/20 to deliver the Sport and Physical Activity Commissioning Plan. This funding, from Leicestershire County Council Public Health department, will enable the delivery of a range of projects to targeted groups across the borough.

1.11 Summary

Overall it is pleasing to see that the external funding applied for and approved for 2019/20 is similar to the amount in 2018/19. The change in approach to consultation over the last 12 months will benefit the residents more particularly by co-designing programmes with residents. Working across other Council departments, such as Planning, Regeneration and Communities and being able to influence services has been beneficial and is enabling a more 'whole systems approach'.

2. Everyone Active, Leisure Contract update – February to March 2019

2.1 Participation

This two month period saw over 167,688 visits at Parklands Leisure Centre, Wigston Pool and Fitness Centre and the Brocks Hill Centre. This is compared to 161,909 for the

same period last year - a 3.6% increase overall. Particular highlights were participation in:

- Swimming +5.9%%
- Gym +10%
- Events +200%

Everyone Active is pleased to report healthy attendances for targeted groups such as:

- Falls prevention = 391
- Diabetes course = 80
- GP Referral and Heartsmart = 2,638
- Disability swim = 187

The Leicestershire NHS Breast Screening Van has returned to the Parklands site for the remainder of the year. The team supports this and the Centre provides free access to a considerable amount of electricity that the screening van requires to operate their service.

2.2 Programmes and Events

Parklands Leisure Centre hosted a number of events during February and March with 3 private birthday parties; a "GALS" Activity day for local school girls; a karate Grading; and also Rest Centre training for volunteers which may be required in the case of an emergency.

2.3 Brocks Hill Centre

Brocks Hill has continued to maintain the facility as a busy centre with the following bookings taking place:

Everyone Active hosted 141 different sessions during the period varying from:

- Disability sport;
- NHS COPD Training;
- Baby Sensory;
- Connie Chand Karate;
- Geary Karate;
- Karts for Kids Parties;
- A Funeral Wake;
- Fitness BootCamp's;
- RDC Cheerleaders;
- NHS Diabetes Sessions;
- NHS blood bank;
- SLM – Conference Meetings;
- Council Public Meeting; and
- A number of Pride of Borough Meetings.

2.4 Education at Brocks Hill

Everyone Active had 2 schools make a combined total of 8 visits during February and March, taking part in exciting activities such as mini beast hunt, den building and scavenger hunts. Schools taking part were a Home Schooling Unit, and Green Lane Infant School.

Everyone Active was pleased to support OWBC hosting a public planning meeting during March, at short notice, to which there was a large crowd in attendance. They also supported the Pride of the Borough group by hosting three meetings over the two

month period, to which Everyone Active do not charge a hire fee as part of their continued commitment to helping the community.

3. Community Engagement

3.1 Annual Community Engagement Calendar

An annual calendar of key festival and events has been produced. The Calendar is being used to help monitor the wider Community Engagement Action Plan including the range of events listed below. Key event and festival dates will continue to be uploaded on the 'What's On' section of the Council's website.

3.2 Holocaust Memorial Event, Monday January 28 2019

A reflective tribute event was held on 28 January in the Council Chamber to mark Holocaust Memorial Day. 'Torn from Home' was the theme for 2019, which attracted over 70 attendees from community groups, local residents, Councillors and Council staff. The speeches relayed aimed to encourage what was an intergenerational audience to reflect on how the enforced loss of a safe place to call 'home' is a trauma faced by anyone experiencing persecution and genocide.

Borough Mayor, Councillor David Carter opened the event and was followed by readings of the Kaddish, the Jewish prayer for the dead and was complimented by contributions of song, music and the spoken word from the band Destination, and sisters Gurleen and Tavleen Gill, representatives of voluntary organisations, community groups' representative of faith and belief. The event concluded with inspiring gospel songs delivered by the De Montfort University Gospel Choir and lit candles being laid at the base of an architectural candleholder representing doves of peace.

The theme for 2020 is Stand Together. The date of this event is: Monday 27 January 2020.

3.3 Flying the LGBT Flag (Lesbian, Gay, Bisexual, and Transgender)

The LGBT Flag was raised on 1 February. The Flag, which flew for twenty-eight days, observes the national date across the United Kingdom. This is in recognition of the societal responsibility to support the ending of discrimination and oppression of people celebrating the acceptance in society. A message of support and information was circulated to all staff and Council Members.

3.4 Disability Forum

Forum members were invited to attend the Community Engagement meeting on 12 March. They co-produced a presentation covering the 'lived' experience of local people living with the challenge of a disability.

The formation of the Disability Forum in part achieves one of the goals of reaching those people who are seldom heard and have little in the way of access to resources such as funding, employment and services.

3.5 Residents' Forums

Further promotion has been undertaken to encourage attendance at the Residents' Forums. This included an article in the winter edition of Letterbox, prior to the February and March 2019 round of Forums, as well as promotion at the Christmas light switch-on and the provision of posters particularly advertising the South Wigston Forum. This has resulted in an increase in attendance at the South Wigston Forum, with 20 attendees at their March meeting.

3.6 **'Oadby and Wigston Borough Engaged' - Citizens Panel**

The background work has been completed for the design and implementation of the Citizen's Panel online registration tool. A launch date to go 'live' is yet to be confirmed.

The aim is to recruit a minimum of 1000 residents across the age span from a range of backgrounds to reflect the diversity of the borough, and provide an online tool to gain the views and opinions of local people on services that affect them. Promotional activities about this new initiative have begun, as well as including an article in the forthcoming Summer edition of Letterbox.

3.7 **Community Engagement Support**

Community Engagement has taken place with over 25 Third Sector groups, through the provision of information relating to the offer of a National Open College Network, Level 1, accredited Community Development Course. Other meetings have been held with external community groups and organisations e.g. Age UK Wigston, Citizens Bureau and Helping Hands to support them in acquiring further funding.

The Sam Says Stop Campaign and the Sangam Asian Women's Group have also been supported to access the Council's Youth and Community Group funding Grant.

3.8 Overall there has been good development in community working across the Borough. The numbers attending the residents' forums have increased, particularly in South Wigston. The Holocaust Memorial event remains popular and is well attended.

The Community Engagement Forum has consistently received high numbers of participants and input from a range of organisations. The focus on joined up working will continue to be promoted.

The Disability Confident event, held in the Council Chamber in December 2018, was also well attended. A Part 2 of this event is to be delivered in 2019. It will once again be focussed on engaging local employers to raise awareness of funds available from the Department for Work and Pensions, and the needs of people with a disability to access employment.

4. **Community Safety**

4.1 **2018-19 Delivery Plan Progress**

Despite the final monitoring return to the Office of the Police and Crime Commissioner (OPCC) not being due until 31 May 2019, regular updates on the progress made against the 2018-19 Delivery Plan received by the Community Safety Partnership ("the Partnership") are positive, and no barriers to completion were identified. The OPCC has also confirmed that it is satisfied with the progress the Partnership is making against its Delivery Plan.

The majority of the tactical actions outlined in the plan have been confirmed, or will be confirmed, as completed once the final monitoring return for 2018-19 is compiled, and the Partnership's closing budget as of 31 March 2019 shows a minimal underspend of £19.65, with expenditure maximised in the interest of forward planning.

4.2 **Community Safety Survey**

4.3 The 2018-19 Community Safety Survey was launched on 26 November 2018, and ran until 31 January 2019 seeing 300 responses received, a 70% increase in responses compared to 2017-18's survey which saw 174 responses. A greater public awareness of the work of the Community Safety Partnership, and its component agencies, to reduce

crime, disorder, and anti-social behaviour in the Borough is partially credited with the increased number of responses.

Findings from the 2018-19 survey are consistent with the previous year's, however the top crime and community safety concerns in the Borough, according to public perception, have altered. These are now;

1. Motor Vehicle and Traffic Concerns;
2. Littering or Fly-Tipping;
3. Burglaries and Distraction Thefts;
4. Drugs or Drug Related Issues; and
5. Groups causing Nuisance / Vandalism and Graffiti.

A full, publically available report on the findings of the survey, broken down by settlement area, will be published in May 2019. An overview of the Partnership's 2019-20 Delivery Plan will also be made publically available at this time.

4.4 CCTV Upgrade

The 5 new redeployable CCTV units referenced in the previous Service Delivery Committee update were affixed to the first converted street lighting columns on 9 March 2018.

These locations are all near, or overlooking, 'hot spot' areas for crime, disorder, anti-social behaviour, or community safety concerns, and were identified through a review of data held by Community Safety Partnership partners in the Borough. The existing CCTV units will still be utilised, and deployed, to deter and detect crime and disorder.

Deployment of the 10 redeployable CCTV units in the Borough, and the development of the network of converted host columns, will be coordinated by the Borough's Joint Action Group which meets on a monthly basis.

4.5 Youth Council

During Q4 2018-19 Oadby & Wigston Youth Council gained a further 3 new members, bringing its total membership up to 21 young people. There are a number of additional young people who have expressed an interest in joining the Youth Council but have been unable to attend a meeting to date. Attendance at monthly meetings in Q3 and Q4 remain consistently higher than those held during Q1-Q2 2018-19.

The Youth Council has opted to begin major work on its five campaigns following the May 2019 local elections, but will continue to map out their intended projects and outcomes in the interim. The Youth Council will also be actively seeking the support of key community safety partners, including requesting financial support for relevant projects through the Oadby & Wigston Community Safety Partnership. This will only be sought where the planned project by the Youth Council marries to tactical actions within the Partnership's 2019-20 Delivery Plan.

5. Emergency Planning

5.1 No Deal EU Exit

- 5.2 Whilst not directly impacted, OWBC has been required to participate in planning for a no deal EU Exit. This has involved weekly SCG call (attended by Anne Court), producing and submitting weekly/daily reports through Resilience Direct and arranging for staff to be on duty. Although not ultimately required, the procedures and plans put into place have been saved for future potential No Deal EU Exits.

5.3 Training - Emergency Centre Volunteers

Existing EC Volunteers from OWBC attended a carousel training session on the 21 March at Parklands Leisure Centre. The training consisted of 4 x 30mins sessions; the Alerting System, the role of the Casualty Bureau, Signing Clients In/Out and the role of the Information and Communication Officers.

5.4 Loggists

E-Learning modules have been made available for existing Loggists. A future focus will be to recruit and train additional Loggists, to add capacity.

5.5 Community Resilience Projects

Community leads, volunteers and individuals from the Wigston or South Wigston area are currently being sought, in order to create a Community Response Group for these areas of the Borough. Councillors are encouraged to promote this opportunity to their localities. Those interested in developing a local plan should contact the Head of Community and Wellbeing, or the OWBC Resilience Officer, who also intend to speak with individual Ward Councillors in order to progress this action further.

5.6 Business Continuity

All departments have their own Business Continuity plan, which are available on Resilience Direct. Moving forwards, the plans will be slightly amended to include relevant additional information, as well as changes in lead Officers.

6. Matter for Members' Comment

6.1 Yarn-Bombing Blaby Road Park

A resident wrote to the Chair of the South Wigston Residents' Forum, to propose Yarn-bombing at Blaby Road Park. In the absence of the resident at the Forum on 20 March 2019, the matter was raised by Councillor Boulter. The outcome of the discussion was to put this matter forward to the next Service Delivery Committee for comment. Yarn-bombing is a type of graffiti or street art that employs colourful displays of knitted or crocheted yarn or fibre rather than paint or chalk. The aim is to cover objects or structures in public places, including trees. The resident has proposed to Yarn-bomb the trees at Blaby Road Park. Members are invited to give their comments.

6.2 Plastic Bag Usage

Members have raised concerns about the number of charity bags being distributed across the Borough, many of which are not used. They are seeking information on what happens to the bags that have been used and returned to the charity. Committee Members are invited to provide their comments, which will be fed into the newly established Environment Working Group.